

Creative List – Livia Portolan

- If you're not going to England, don't expect everybody speaks English in the country of your destination, so before leaving it's better to learn the basics of your new country's native language.
- This is not a holiday: there are many difficulties waiting for you... the language, the culture, your colleagues, your job, the new city... but don't give up! There will be a reward after all these troubles: the stronger person you will become.
- If you think you might find yourself stuck abroad during an outbreak of a world pandemic with most of global airports not available, remember to bring with you some rolls of toilet paper – they will soon disappear from the supermarkets!
- Don't think you're going to choose the country of destination! It will choose you and you will be there for a reason: a meeting or an event that will change your life forever.
- There are people and animals who need help in every country and the ways you can be useful to them are endless, so why not spend your free time volunteering?
- Remember to download the Meetup app in your smartphones and search for all the groups that might be interesting for you and don't be afraid to try new activities, you could find a new hobby!
- Don't get tricked by rent announcements: even if you read "bedroom, bathroom and kitchen for personal usage" you may find yourself living in the same flat of a landlady who could make your heart skip a beat by appearing in the darkness out of the bathroom just to tell you to not flush the toilet in the evening.
- Don't panic when at work they ask you to do things you've never done before, but use as many resources as you can and don't be afraid to experiment! You may discover a new talent in yourself.
- Get ready to dive into the unknown and to adapt to it. At first you will be afraid, but then you will learn to trust yourself more because the only person you can rely on is you.
- Forget who you are and lose yourself in your new country: you will find who you really are. But before leaving remember to warn your parents and friends that after your experience abroad you will never be the same person you are now.